

## The DR Barometer Study: Portugal Overview

The DR Barometer study was conducted in 41 countries. In Portugal, 73 adults with diabetes and 80 health care professionals provided new information about the experiences of living with, managing and treating diabetes, DR and DME.

48%

of patients said that **long wait times for an appointment** were a barrier to eye exams

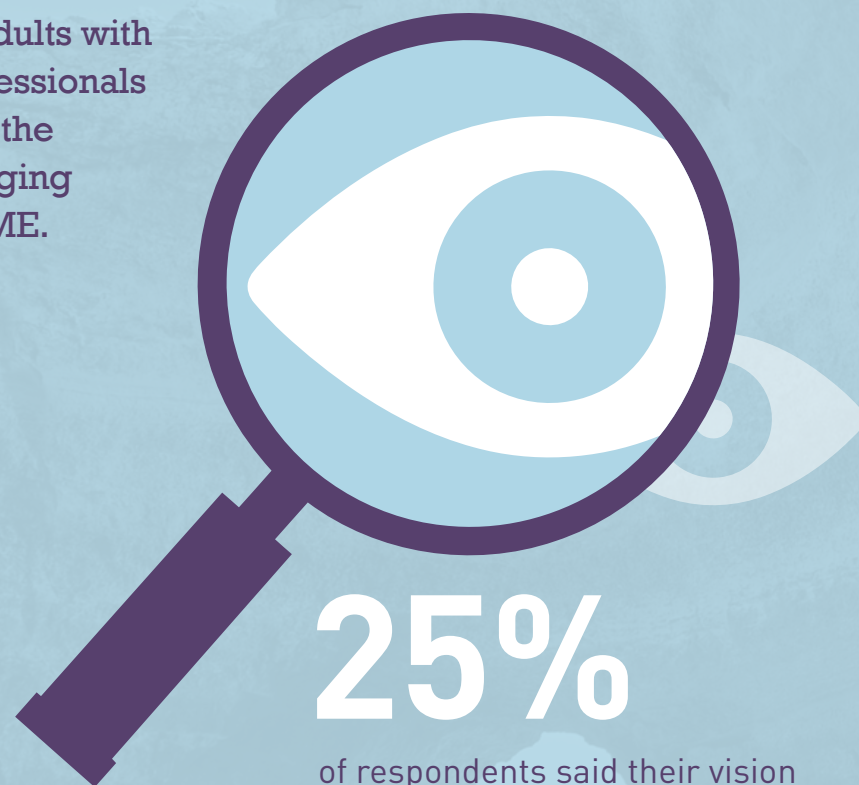


21%

of all providers **did not have written protocols/guidelines** for detection and management of diabetes-related vision loss available

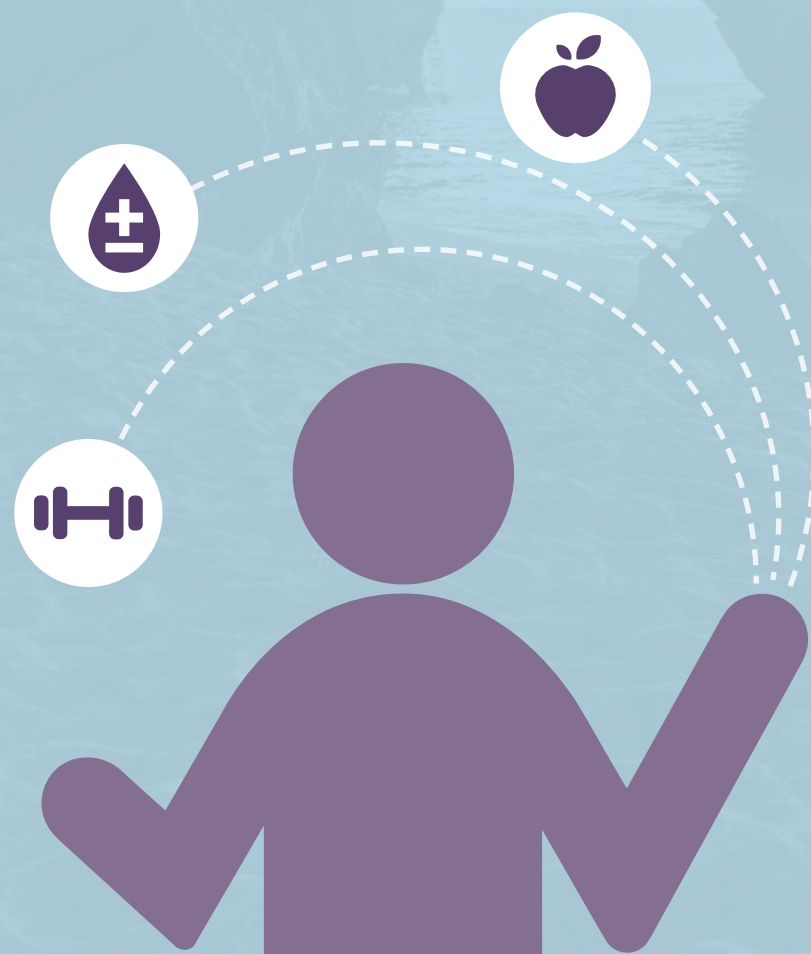
DR: Diabetic Retinopathy  
DME: Diabetic Macular Edema

DRBarometer.com



25%

of respondents said their vision impairment due to DR or DME made it **difficult to manage their diabetes**



83%

of patients with vision loss due to DR or DME said that their condition made everyday activities, **such as driving**, working and completing basic household tasks difficult and in some cases impossible



9%

of ophthalmologists **had not received specific training** in the treatment and diagnosis of DR and or DME



20%

of those with DME experienced days of **poor physical and mental health**

27%

of patients either **never discussed eye complications with their doctor** or did so only after the onset of symptoms

