

## The DR Barometer Study: Costa Rica Overview

The DR Barometer study was conducted in 41 countries. In Costa Rica, 74 adults with diabetes and 12 health care professionals provided new information about the experiences of living with, managing and treating diabetes, DR and DME.

57%

of patients said that **cost** was a barrier to eye exams



40%

of all providers **did not have written protocols/guidelines** for detection and management of diabetes-related vision loss available

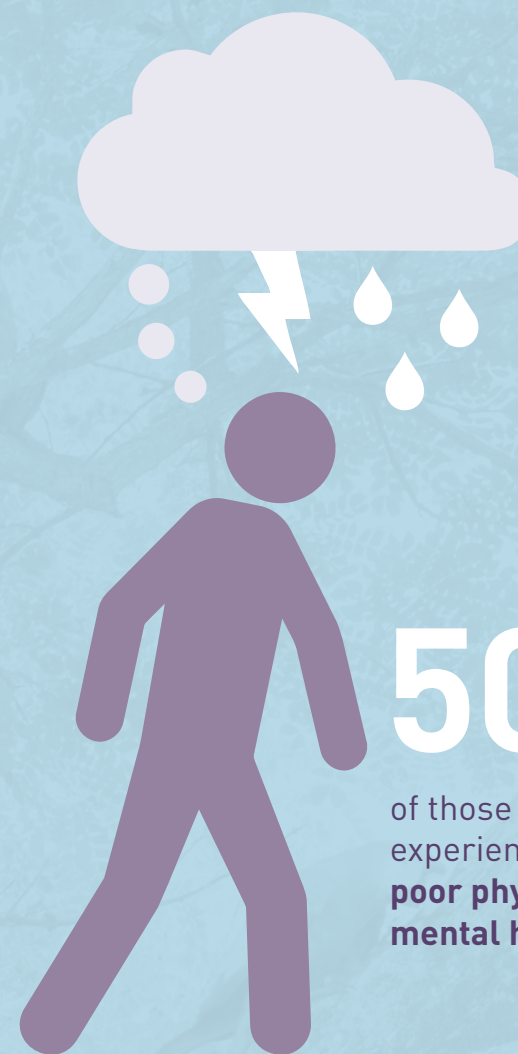
**DR:** Diabetic Retinopathy  
**DME:** Diabetic Macular Edema

DRBarometer.com



27%

of patients either **never discussed eye complications with their doctor** or did so only after the onset of symptoms

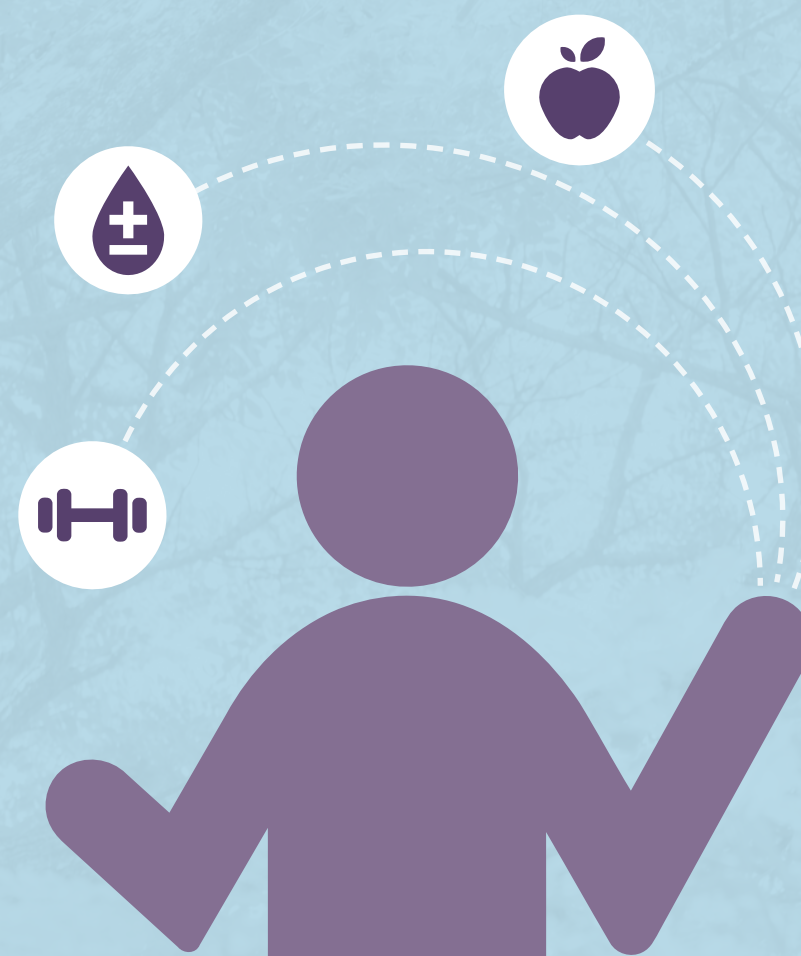


50%

of those with DME experienced days of **poor physical and mental health**

92%

of patients with vision loss due to DR or DME said that their condition made everyday activities, **such as driving**, working and completing basic household tasks difficult and in some cases impossible



33%

of respondents said their vision impairment due to DR or DME made it **difficult to manage their diabetes**