

# Guidelines and Protocols

Group 2: HCPs are aware of, but are not implementing guidelines and protocols

## Members

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Dr. Sheena McHugh, Ireland, *University College Cork*

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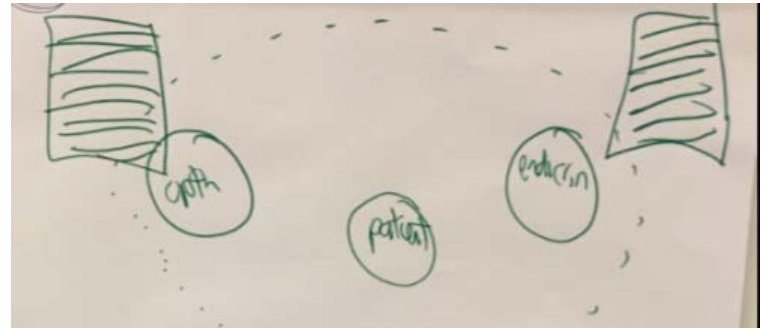
Prof. Oksana Vitovska, Ukraine, *Bogomolets National Medical University*



**MDT application  
of guidelines for  
management of  
people at high  
risk of diabetes  
complications**

**High Five!**

Health Care Professionals are aware of but not implementing available (specialist) guidelines



Diabetes is a systemic disease;  
the whole person with diabetes needs care

A practical multidisciplinary approach to targeting and managing people at high risk



# High Five! – a personal charter on diabetes management for people at high risk



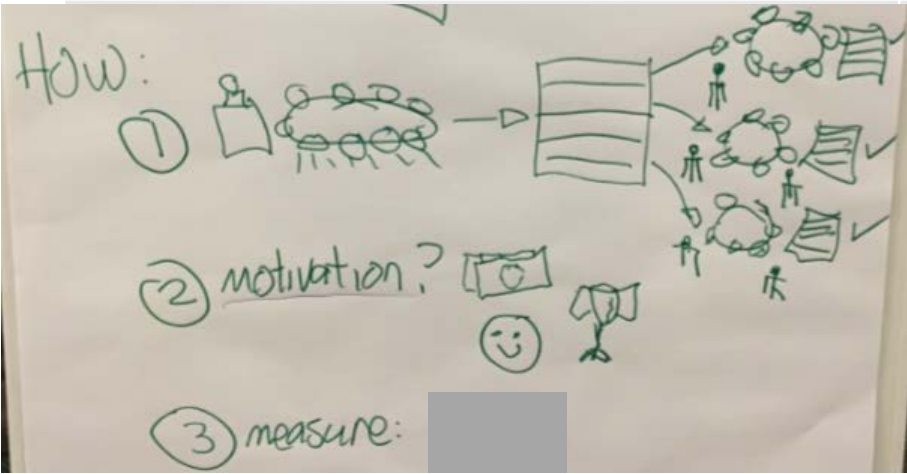
## High Five!

My guide to diabetes management

1. Ask questions and discuss
2. Check HbA1c
3. Check blood pressure
4. Check eyes every year
5. Check feet and kidneys

# International framework, local development and implementation

International team	Local teams
Build the framework	Develop High Five! Guide for patients
Identify champions and locations for pilots	ID eligible patients
Provide seed funding	Define how and where to target them
Ongoing advice and counsel	Agree team that manages patients



Define how to motivate the patient, ophthalmologist, diabetologist to apply the High Five!
Define measurement framework
Implement pilot
Evaluate and publish

# A sustainable, replicable, scalable approach that needs your support to reduce the diabetes burden

- Join the International MDT workshop
- Become a local champion
- Join a local MDT workshop / team
- Provide seed funding
- Help spread the word

